



GOOD SHEPHERD CATHOLIC CHURCH

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Good Shepherd Catholic
Church Balmoral

CELEBRATING THE FIFTH SUNDAY OF LENT - 10 MARCH 2024

Kia Ora koutou katoa, nga mihi nui...

A special welcome to visitors or
newcomers to Good Shepherd
this weekend

Lent is a six week season of grace that
invites us as individuals and as a community to
prepare for the great festival of Easter.

Lent is a time to renew our faith and take
'a long, loving look' our lives.

We are blessed to have a number of
children preparing for the sacraments this year
and many of them celebrated their First
Reconciliation last Wednesday evening.
LENT invites us to reflect on our lives and
acknowledge our need of God's love and
mercy..... to be reconciled with self, others and
God is one of the great fruits of the
Sacrament of Penance.

Ultimately we search for peace and
Reconciliation offers a path to peace.

It calls us to an honest, and sometimes
brutal assessment of ourselves.

We identify areas of our lives may cause us
regret or shame and we courageously allow the
light of faith to transform us.

Its not just the children then who are
reflecting on the place of God's healing,
forgiving grace this LENT but each one of us
is invited to renewal.

The church encourages us to celebrate the sac-
rament of penance especially in Lent and
Advent, preparing us for Easter and Christmas.

The Sacrament of Reconciliation is offered
every Saturday morning at 9am
here at Good Shepherd.

We will also offer Rite II Reconciliation in
Holy Week - Tuesday 26 March at 6pm

HOLY WEEK is the name given by our
ancestors to this most important week of the
year. It begins on Palm Sunday
and leads us into the

SACRED TRIDUUM

What Sunday is to the week, the Triduum is to
the year. The Triduum refers to the ONE
celebration that calls us to
gather THREE times.

The Triduum begins on the March 28 at 7pm
with the Mass of the Lord's Supper on
Holy Thursday,

then continues with the remembrance of the
Passion of Jesus at 3pm on Good Friday
and then concludes with great

Easter Vigil, the first Mass of the
Resurrection at 7pm on Holy Saturday.

Each of these three liturgies is actually a part
of ONE great celebration that we refer to as the
EASTER TRIDUUM.

Interestingly there is no dismissal
("Go in peace...") at the Thursday or Friday
liturgies, and no greeting ("the grace and peace
of our Lord...") on Friday or Saturday, because
the three gatherings are considered as one
great liturgy spread over three days.

If you can, please try and make all
three gatherings.

If you're travelling, try and see what is available
in your area. At the very least try a participate
in an Easter Sunday Mass

*May our journey through to Easter
be blessed, Bernard*

GOOD SHEPHERD PROPERTY MAINTENANCE

We are seeking volunteers from within our community to assist with an upcoming schedule of maintenance works to our buildings. The first project, to commence after Easter, is the repair of the fascia and painting of the columns and windows on the north east side of the church. This work involves carpentry, painting, plastering, glazing and electrical work. Please register with Tony Lovett, Ph 021 661 395 or tlovettnz@gmail.com



PALMS FOR PALM SUNDAY

Looking ahead to Palm Sundayplease let us know if you have a suitable tree, a conifer, that could help us with our congregational palms. Let the office know at office@balmoralcatholic.org

Here's something new.....

SUNDAY NIGHTS AT GOOD SHEPHERD

Need a place of refuge and peace this Lent?

'REFUGE'

is offered Sundays in LENT from 7:30-8:30pm.

It is an hour set aside for you to bring all your cares to God before the week begins.

Rachel Wilson will lead us in worshipful song and prayerful silence.

Come and pray in silence, read, journal, or simply rest in God's presence.....

FRIDAY STATIONS OF THE CROSS

Fridays in Lent at 6pm in the Church

THE SACRAMENT OF RECONCILIATION

- Saturday 9am (before Mass)



- LENT Rite II Reconciliation
Tuesday March 26 at 6pm

LENT ANOINTING OF THE SICK

Saturday 16 March within the 9.30am Mass

DIVINE MERCY SUNDAY MASS

7 April at 5.30pm at St Benedicts, Newton

SHINE TV MASSES HAVE RESUMED

weekly broadcasting of Sunday Mass at 2pm

Free-to-air channel 25 or Sky 201

Thank you Good Shepherd parishioners for your participation in the recording of these Masses!

SACRED HEART COLLEGE

Enrolments close 5 April

www.sacredheart.school.nz

ST MARY'S COLLEGE

Enrolments close March 15

visit www.stmaryak.school.nz

ST MARY'S COLLEGE PAST PUPILS ASSOC

Cocktail Party on the deck (overlooking the city).

6-8pm March 14. For tickets contact

patgoddard@xtra.co.nz

Te Kahu o te Ora: A Consistent Ethic of Life

The landmark new Catholic bishops' teaching document *Te Kahu o te Ora: A Consistent Ethic of Life* has been reprinted, with paper copies available.

Te Kahu o Te Ora contains a succinct overview of eight key moral areas including creation; the beginning and end-of-life; discrimination and abuse; poverty; war and peace; justice and correction; and information technology and artificial intelligence. <https://www.catholic.org.nz/news/media-releases/tekahu/>

NZ CATHOLIC NEWSPAPER

Latest edition available in the foyer

GAZA CEASEFIRE ECUMENICAL PILGRIMAGE

16 March commencing from

Holy Sepulchre Church Grafton

www.gazaceasefirepilgrimage.com

NEWS ABOUT THE DIOCESE

For diocesan news and to find out about events and other opportunities coming up head to CDA Connect -a monthly round up of what's happened and what is coming up. The February edition is up

<https://www.aucklandcatholic.org.nz/>

Foodbank Donations are so appreciated!

Many thanks for your ongoing donations to basket in the foyer for the St Vincent de Paul Foodbank.

TODAY'S READINGS FOR THE FIFTH SUNDAY OF LENT

FIRST READING - Jeremiah 31:31-34 *I will write my law in their hearts.*

SECOND READING - Hebrews 5:7-9 *Christthe source of eternal salvation*

GOSPEL - John 12: 20-33 *If a grain of wheat falls on the ground and dies, it yields a rich harvest.*

The Examen Prayer ~ a contemplative way to conclude the day

1. Become aware of God's presence....

Look back on the day and note the times you felt God was with you, assisting. Feel God with you now and ask to become more conscious of God's presence. It may be helpful to repeat a phrase like, "Be still and know that I am God" (Psalm 46v10),

2. Look back with gratitude....

Review the past 24 hours and notice what you're thankful for. What happened to make you feel blessed? Take a moment to give thanks to God for providing you with these blessings.

3. Take an honest look at your day....

Note everything that happened over the course of the past 24 hours, your interactions with others, and your emotions. We often rush through each day, not pausing to reflect. Doing a deep, honest reflection of the past day causes us to learn more about ourselves and improve our future actions.

4. Choose one part of the day, and pray about it....

From doing your review, you might find something God is directing you to work on an emotion, a relationship that needs mending, an unpleasant situation.

Pray for it, ask God's guidance to resolve it.

5. Pray for tomorrow....

Ask God to guide you tomorrow, leading you to your highest purpose. Send love and light to tomorrow, praying for wisdom and strength. Feel deep gratitude, knowing God has already answered your prayer and tomorrow is already blessed.

Take some deep breaths, and know that all is well.

We remember those who have died recently and those whose anniversaries occur in MARCH ...Eternal rest grant to them O Lord

[February - Majari Jayandran, Frances Macedo, Efeso Collins] Jenny Huffan, Rosemary Christie, Br Romuald Gibson fms, Elizabeth Beckham, Fr Mario Dorado ofmcap, Geoff Ricketts, Sr Teresa Greaney, Anthony Thomas, Josephine McGeever, Fr Leo Doyle, Tom Kiely, Angelo Cinotti, Harry Spinks, Barbara Rainsford, Ivo Durovich, Ray Garchow, Margaret Rose, Audrey Hickey, Norah Murphy, Patrick Murphy, Sheila Leishman, Ivo Durovich, Rachel Ritchie, Sr Emerentiana smsm, Sr Catherine Hannan dolc, Patrick Pardo, Jon Richardson, Joanne Mathias, Nic van Oorsouw, Phyllis Geaney, Georgea Tindall, Sr Maureen Connolly op, Sue Smith, Nora Murphy, James Cannon, Helen Robb, Gary Menzies, Leviticus Kautoke, Margaret Banks, Margaret Cooney, Karl Misa, Nicolasa Padilla, Tadeusz Kalinowski, Matthew Laika-Momoisea, Mary Dutton, Hilda Tabron, Annie Chiu, Leonard Hinch, Patricia Wilson, Patrick Gye, William Whooley, Antonio Kapeli, Ellen Boyle, Tonka Rosandich, James Mulligan, Patricia Smith, Faímio Gaseata, Maria Leo, Norman Graham, Mary Wright, William Boyle, James Campbell, Daniel Deasy, Ivo Jelavic, Henry Falls, May Burke, Major Court, George Flanagan, Thomas Morgan, Agnes Mayne, Ambrose Day, Thomas O'Sullivan,

Get Rid of the Old Rubbish!