



GOOD SHEPHERD CATHOLIC CHURCH

27 Telford Avenue, Balmoral, Auckland 1041
09 620 9515 office@balmoralcatholic.org.nz
www.balmoralcatholic.org.nz



Good Shepherd Catholic
Church Balmoral

FIFTH SUNDAY OF EASTER ~ 3 MAY 2026

Stones in your heart ?

In today's Gospel, Jesus speaks into a moment of deep anxiety. The disciples are afraid, confused, and facing the loss of His presence. It is precisely in this "troubled moment" that He says: "Do not let your hearts be troubled."

This is important—Jesus does not promise a life without trouble. The Church reminds us that trials, stress, grief, and uncertainty are part of our human experience. A troubled heart can come from emotional burdens, fear of the future, or even physical strain on the body itself. But Jesus calls us not to let these troubles take over the heart.

Why? Because the answer is not found in ideas, but in a person.
"I am the way, the truth, and the life."

Jesus is the Way—not a path among many, but the living bridge to the Father.

Jesus is the Truth—not abstract information, but a presence that does not deceive and truly consoles.

Jesus is the Life—not temporary relief, but the very life of God shared with us.

A troubled heart finds peace not by knowing about Jesus, but by knowing Him.

When He says He goes to "prepare a place," it is not only about heaven later—it is about preparing our hearts now to receive God. And when Philip asks to see the Father, Jesus reminds us: to see Him is enough.

So the cure for a troubled heart is this: Trust. "Believe in God, believe also in me."

In that trust, we are not abandoned. We are not orphans. Christ remains with us.
In Him, the troubled heart finds peace.

Blessings - Fr Martin

Jesus says, "Do not
let your hearts be
troubled."

John 14: 1-12

What worries am I
holding onto that
I can bring before
Him today?



TE KUPENGA
CATHOLIC
THEOLOGICAL
COLLEGE

WEBINAR SERIES

**COURAGE: A CALL FOR YOUNG
PEOPLE TO BE BOLD AND
CONFIDENT IN THEIR FAITH**

TUESDAY 5 MAY 2026
5:00-6:00 PM VIA ONLINE

SPEAKER

BISHOP MICHAEL GIelen

Catholic Diocese of Christchurch



WYD 2027 Theme:

"Take courage! I have
overcome the world."



www.tekupenga.ac.nz/webinars-2026

TAX RECEIPTS

The Tax receipts for the 2025/26 financial year are now ready to collect in the foyer. Thank you for your continued support of the parish community.

NEW PLANNED GIVING ENVELOPES

The new envelopes are out in the foyer to collect for those who are already enrolled on our Planned Giving Programme. Please make sure you collect the correct set.

If you are new to the Parish and wish to register for Planned Giving you are welcome! Benefits mean no loose cash required and contributions are recorded and tax receipts are issued. The Catholic Church is a registered charity and there is no limit on the amount you can claim for tax purposes.

To register for Planned Giving contact office@balmoralcatholic.org.nz

This programme allows for the care of our Priest, the Bishop and the upkeep of our church itself.

*Our bank account details for all donations is Good Shepherd Balmoral Ecclesiastical Goods Trust
BNZ Account: 02-0108-0708836-000
Thank you for your generosity.*

LEGION OF MARY

“Our Lady of Good Shepherd Praesidium” meets every Saturday morning after 9.30 am Mass in the GS church.

For further information contact:

Jackson Gonzales : Jacxz_jam@yahoo.com

HOURS OF MERCY EUCCHARISTIC ADORATION

Tuesdays until 23 May.

Jesus Youth, Auckland, will be having Adoration every Tuesday here at Good Shepherd Church, after the 9:30 am Mass, from 10 am to 12 pm, until Pentecost.

All are welcome to spend time in prayer before the Blessed Sacrament.

LOOKING FOR YOUTH LEADERS

If you would like to support and mentor the youth in our parish, please get in contact with our Local Youth Minister, Chrystelle by emailing Chrystelled@cda.org.nz or phone 02102855718

AED DEFIBRILLATOR

The parish has a defibrillator in the foyer. THE CABINET ACCESS CODE IS C2017

SAFEGUARDING AT GOOD SHEPHERD

Over the coming weeks we will be working to update our Safeguarding register at Good Shepherd. Attending safeguarding seminars is mandatory for all those who work with children, youth and vulnerable adults. If you are involved in ministry as a volunteer/worker in our parish, you need to complete the safeguarding requirements.

Please see the church notice board for an online safeguarding workshop options available for you to attend.



MARIST COLLEGE ENROLMENTS

Marist College are still accepting applications for 2027 enrolments for Year 7 and 9 . For further information visit www.maristcollege.school.nz/enrolments

HOU MANA WAI MERCY WELLSPRINGS

Seasonal Reflections: - Autumn

9.30am-2.30pm, Tuesday 5th May

An opportunity to pause and consider the different experiences of our lives, and how we respond to them. The day will begin and end with a short time of teaching and reflection, with four hours in the middle of the day for quiet solitude. \$35 or koha.

104 The Drive, Epsom. To register visit www.mercywellsprings.org.nz

READINGS FIFTH SUNDAY OF EASTER

FIRST READING - Acts 6:1-7

The Apostles guide the early Church through its first tensions and appoint others to serve the community.

PSALM 33

Let your love be upon us Lord, even as we hope in you.

SECOND READING - 1 Peter 2:4-9

The Christian community are the new people of God, being built into a spiritual temple where God lives.

GOSPEL - John 14:1-12

Jesus explains to the disciples that he is 'the way, the truth and the life', the only sure road to God.

'THE EXODUS' - by Dr Dan Stollenwerk.
In the lead up to Pentecost Sunday, Dan will dive deep into the common themes that link Pentecost and the Book of Exodus.
At St Michael's, Remuera 4x Wednesday mornings beginning 6 May 10:30am – 11:45am in the Parish Centre. Followed by Mass. No registration required.

NOTICES FROM TITIPOUNAMU STUDY & JOY

The Institution of the Last Supper
With Fr Kevin Waldie sm
Monday, 18 May, 7-8.30pm (Zoom)

<https://www.studyjoy.nz/2026/04/21/the-institution-of-the-last-supper/>

Mary Untier of Knots

With Beate Matthies. Tuesday, 26 May, 7-8pm (St John the Baptist, Mairangi Bay).

<https://www.studyjoy.nz/2026/03/08/mary-untier-of-knots/>

THE WEEK OF PRAYER FOR CHRISTIAN UNITY—17-24 MAY.

Join Christian Church communities for an Ecumenical Day of Prayer for Christian Unity 7 pm on Friday, 29th May at St John Presbyterian Church, 422 Mt Albert Road, Mt Roskill.

MASS OF THE NEOPHYTES

Bishop Steve invites all those who were initiated into the Church at Easter, their families, and friends to return to the Cathedral for the Mass of Welcome on 4.30 pm, Sunday, 24 May.

TE KUPENGA CATHOLIC LEADERSHIP INSTITUTE

Enrolment for Semester Two 2026

Enrol for theology courses at Te Kupenga Catholic Theological College this Semester 2, whether you're starting or continuing your journey of faith. Study full-time or part-time, on-campus or online.

Enrolment for Bachelor of Divinity and Graduate Diploma in Theology are now open. For courses offered, go to www.tekupenga.ac.nz/timetables.

RISE UP AND SHINE FESTIVAL

Brought to you by the Migrant Chaplaincy. Taste the World, Celebrate the Culture! 30th May. Starts at 10am with a Thanks giving Mass followed by music, Zumba, food stalls and cultural show.

At the Malaola Community Centre, 16 Waokauri Place, Mangere.

REBUILD MY CHURCH WITH DR MARY HEALY

Join internationally renowned Catholic theologian Dr Mary Healy this June in Hamilton for *Rebuild My Church*, a formation series at the Cathedral of the Blessed Virgin Mary, Hamilton. This is a three-night series (June 9–11) exploring the power of God's Word, the life of the Holy Spirit, and our call to live our faith today.

For more information and to book, visit <https://www.eventzilla.net/e/rebuild-my-church-dr-mary-healy-2138676397>



SAFEGUARDING MATTERS

What is Safeguarding?

The Catholic Church believes that every person has a value and dignity which derives directly from their creation in the image and likeness of God.

This implies a duty to value all people and therefore to protect them from harm.

The gospel values of love, dignity and justice as demonstrated by Jesus remind us that safeguarding of children and vulnerable adults is an integral part of the life and ministry of the church.

We are called to create a culture which cherishes, nurtures and safeguards children and vulnerable adults. Developing a safeguarding culture where we do will pose the question is this safe for the people of our diocese?

Pope Leo has made it clear he expects the Church, on entry level, to implement whatever steps are necessary to ensure the protection of minors and vulnerable adults and to respond to their needs with fairness and mercy.

Safeguarding Contact:

CDA Safeguarding Coordinator :
lisam@cda.org.nz

MONTE CECELIA HOUSING TRUST

Providing short term housing for families in need. Contact us on 0800 624 848

ST VINCENT DE PAUL

The work the Vinnies do in New Zealand to help those who are facing great hardship has never been more important. They are there at the grass-roots to support people who are really struggling.

Visit www.svdpak.org.nz
if you are able to help with a donation.

Sunday Masses

Saturday Vigil: 5pm

Sunday: 9.30am

Weekday Masses

Tuesday to Saturday: Mass: 9.30am
(including Public Holidays)

Saturday

Exposition & Rosary from 8am
followed by Mass at 9.30am

Reconciliation

Saturday 9am before the 9.30am Mass

Wellness reminder—please stay home
if you feel unwell

GOOD SHEPHERD PARISH

Parish Priest: Rev Martin Wu

PARISH OFFICE - 09 620-9515

Parish Secretary:

Rebecca Knibb (Temporary)

Office Hours Tuesday, Thursday & Friday
10am to 3pm

office@balmoralcatholic.org.nz

CHURCH & HALL BOOKINGS

office@balmoralcatholic.org.nz

GOOD SHEPHERD PARISH SCHOOL

admin@goodshepherd.school.nz

Principal: Ben Fahey

principal@goodshepherd.school.nz

For enrolments please phone the school
office on 09 620 4962

For further information or download the
forms from the school website see

www.goodshepherd.school.nz

School visits welcome.

ST VINCENT DE PAUL & FOODBANK

6A Henderson Place, Onehunga

If you, or someone you know, need assistance
Contact Phone (09) 815 6122 or 0800 680 090

email auckland@stvinnies.co.nz

Food Bank email foodbank@svdpak.org.nz

Thank you for your food donations
in the foyer basket